

‘Overcom with
Heviness...’

Music & melancholy
in the Renaissance.



**Coronach &
The Musick fyne Soloists**
- Directed by *D James Ross* -

perform

music for voices and instruments by
Lassus, Josquin, Busnois, Morales, Gombert
& Dowland on the subject of melancholy.

on Saturday October 6th 2018 12-1pm
in the Old High Church, Inverness

Admission by donation in aid of the church.
Further information from Andrew Stevenson
stevenson.ata@btinternet.com



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‘when as thay shal be overcom with heviness or any kind of sadnes, not only musitians but even the ignorant of a gentle nature, hearing salbe confertid and be mirry with uss.’

With these words the Renaissance Scottish musician Thomas Wode was making reference to an ancient link between music and mental health. While from the earliest times music was believed to address feelings of melancholy, disproportionately large numbers of musicians, such as those represented in our programme, were melancholics. Beset by warfare, illness and random brutality, it is perhaps unsurprising that the more sensitive members of Renaissance society suffered from depression. Some, such as John Dowland, even celebrated it! In any case, melancholy proved the inspiration for some of the most beautiful music of the Renaissance Age.

Come and be comforted and be merry with us!

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